

# Ebell Echo

Ebell Club of Fullerton  
P.O. Box 10145  
Fullerton, CA 92838  
www.ebellfullerton.com



Mary Sprague  
President

May 2010

Louise Moothart, Editor  
Pat Bright, Publisher

## PRESIDENT'S MESSAGE – Mary Sprague

Congratulations to the new officers elected at our April meeting. Installation will be at the June meeting. Please be sure to volunteer if you are asked to be a chairman for the next year. Our club needs everyone to volunteer their time and talents.



Thank you to Kathleen Pritchard and Grace Zerger for chairing the fashion show. What a lovely day and everyone always enjoys the opportunity to visit and enjoy the fashions. The decorations were wonderful. Thanks to all of the ladies who volunteered to be models.

Our next fundraiser is the Tea. Michele Macnamara and Mary Vincello are chairing this event. Plans are well under way. Invite your family and friends to enjoy an afternoon of tea.

Congratulations to Shirl Slavens, Domestic Violence Chairman; Marcia Willett, Focus on Community Safety; Sharon Miller, Leadership; and Susan Hillman, Membership on their awards. At the Orange District Convention Shirl, Marcia and Sharon received a first-place award for their reports and Susan received a second. All members are to be congratulated for their efforts because without you there would be nothing to report.

Our kitchen has been updated with a new fire suppression system due to the new law. Nothing really looks different but we are now in compliance with the fire department.

May will soon be here and I would like to wish everyone a Happy Mother's Day. Each of you are very special to me and as I no longer have a mother to celebrate with, I hope each of you will have a special day. Even if you are not a mother, with the community service projects we do, we are all mothers to someone. Mary

---

**A reminder to all members.** We now ask that **ALL** members call our Reservation Committee, Mary Savage and Joan Jones, and let

them know **even if you are not going to make the meeting.** If you have a standing reservation you do not need to call but everyone else should notify the committee if they will be attending the meeting **OR NOT.** We want to stay in touch with all of our members.



## GENERAL MEETING

11 AM, May 7

**Social Hour:** 10:15 a.m.

**Greeter:** Alma Hall Bean

### Program:

Dancing Backwards  
in High Heels

### General Chairman

Kathleen Pritchard

### Decorations:

Morene Crowther

### Luncheon Committee

Jeanne Brown, Bea Greg,  
Terri Wolfe

### Reservation Committee

Mary Savage 993-9234  
Joan Jones 879-8528

If a member cannot work on her assigned day, she is obligated to get a substitute and notify the chairman.

Deadline for reservations or cancellations is 5 p.m. Tuesday, May 4. All members with reservations who do not cancel by the above date will be charged for the lunch. The caterer charges the club for meals ordered and it is not fair for the club to pay the cost. Standing Rule #4 applies.

**DEAN OF CHAIRMEN – Sharon Miller, 1<sup>st</sup> Vice President**

**Awards – Installations - New Agendas**

CFWC-GFWC-Traveling to the City of Orange-San Francisco-Omaha

**YES** The GFWC National Convention is going to be in Omaha, Nebraska June 12-15. It is centrally located and can be reached by many airlines. You want to know the course that is being set for the future for the GFWC – the goals to be reached. Check the Internet for details and plan your wardrobe, alert relatives in the area to let them know you're coming to town and get your reservations worked out and we will fill you in with more information as it becomes available.

**MEMBERSHIP – Susan Hillman, 2<sup>nd</sup> Vice President**

Just a quick reminder that the Evening Section will meet at Mountain View Park (northwest side of State College and Bastanchury) on the third Tuesday of each month for Park Beautification. Bring gloves and a small bag for trash as we will police the park before sitting down to chat for a bit. Give me a call if you will be attending so I have enough refreshments!!

Everyone is welcome. I'm hoping our working ladies will make a special effort to attend! Call if you have questions.

If you are unable to attend this month on the 18th, we will be meeting on June 15 at the same location.

A special thank you for attending our General Meeting goes to prospective members Mary Anne Mendel and her friend, Judi Cooke. Hope to see you at the May meeting.

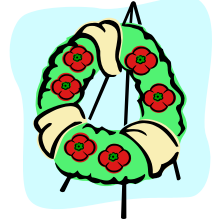


**PROGRAM – Ruth Howard, 3<sup>rd</sup> Vice President**

Richard Odle will be presenting a program on "Dancing Backwards in High Heels," a story of Ginger Rogers. He has visual props and pictures to display. He holds several degrees in Theatre Design, has worked with the Laguna Playhouse for several years, has taught at the college level, etc. He designed the sets for the last FCLO production.

**MEMORIAL DAY 2010**

We need your help placing flags and crosses at the graves at 8 a.m. Saturday, May 29, at the cemetery. The ceremony will be Memorial Day, May 31, at the Loma Vista Cemetery on Bastanchury Road in Fullerton at 10 a.m. Come early to get a parking space. The speaker this year is General Commander Joseph P. Dunfold, Jr., commanding the 1<sup>st</sup> Marines at Camp Pendleton. Singers are Dave Deno and Kristen Romero Tajas father and daughter team. Any questions, give me a call. LaVerne Holmes, Chairman



**WAYS & MEANS – Mary Vincello, 4<sup>th</sup> Vice President**

Greetings everyone! Our fashion show this year was a fun day for everyone. It was a fantastic event. Thank you for supporting and attending. You made it a success.

Our next Ways & Means project is our annual Ebell Tea on Sunday, May 23. There will be many new changes and surprises. Our chairmen, Michele Macnamara and Mary Vincello (me) want to invite everyone to this terrific event. See you there! If you have questions call Michele.

**PLACEMAT PROJECT**

Please do not forget to bring **used greeting cards** to the next meeting. We will be using the face of each card to make placemats for the Buena Park Day Care Center and the Terrace View Rehabilitation Center in Fullerton. It will take a great number of cards.

Keep this project in mind through the summer and we look forward to tons of cards in the fall. Please give the cards to Marcia Willett or Bev Nihei.



## DOMESTIC VIOLENCE – Shirl Slavens, Chairman Crittenton Services for Children and Families

The thank-you note from Crittenton for Ebell's Christmas Project said we helped make wishes come true for over 500 children. Remember? We gave \$700 in gifts and \$300 in cash.

Now they are in need of **laundry detergent** and **hand soap**. They have a large residential treatment program which provides live-in treatment for teen girls removed from their homes. In a safe environment they can recover and work toward reunification or adoption. Many are pregnant. The live-in program includes children who have been abused or neglected as well as children separated from their families for many reasons and who can be placed with relatives or in foster homes.

Soon Ebell will be on its summer hiatus. We now have the opportunity for community service as an Ebell project. Please bring laundry detergent and/or hand soap to the May General Meeting.

## STAY CONNECTED WITH GFWC AND T-MOBILE

(From the GFWC News & Notes March 21, 2010). Looking for a way to connect with more GFWC clubwomen? Check out our partnership with T-Mobile, designed exclusively



for GFWC members to provide discounted wireless mobile service and equipment. Whether you're at home or on the go, the valuable tools offered by T-Mobile can help you stay connected to all of your Federation friends.

Benefits available for GFWC members include:

- 12 percent discount on your monthly recurring fee based on association-wide use of T-Mobile products and services.
- Equipment discounts on new activations.
- Special 30-day return policy on new activations.
- Free shipping on two-four day shipping.
- Waived activation fee on each new line of service.

For more information call 866-464-8662. If you are an existing T-Mobile customer, call 877-453-8824 to have the GFWC discount added to your plan.

## FROM YOUR EDITOR

Please give me your article for the June Echo at the May General Meeting. Thanks for your help from Sharan and me. Louise Moothart, lmtata72@aol.com



## SECTIONS

### Canasta – LaVerne Holmes

May 5 (1<sup>st</sup> Wednesday)  
11 a.m., Clubhouse. Bring finger food for our buffet.



### Bridge & Canasta – Ruth Howard

May 10 (2<sup>nd</sup> Monday)  
11:30 a.m., Clubhouse



We will be having a free lunch.

### Gourmet – Alma Hall Bean

May 11 (2<sup>nd</sup> Tuesday), 11:30 a.m.  
Salad Potluck at Alma's home. Please make reservations by May 7. This will be our last meeting of the year.



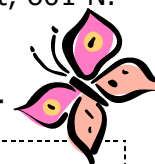
### Crafts – Bev Nihei

9:30 a.m. Clubhouse Apartment  
May 12 (2<sup>nd</sup> Wednesday)  
May 26 (4<sup>th</sup> Wednesday)

Looking forward to using **used greeting cards** to make placemats. In the meantime we are diligently working on quilts and wheelchair bags and invite all of you to join us.

### Bookworms – Sue Miller

May 21 (3<sup>rd</sup> Friday) 11:30 a.m. We will meet at the Sizzler Restaurant, 601 N. Harbor in Fullerton.



## INSPIRATION – Sue Miller

### Thomas Paine, Common Sense

"In the following pages I offer nothing more than simple facts, plain argument and common sense; and have no other preliminaries to settle without reason, other than he divest himself of prejudice and prepossession, and suffer reason and his feelings to detriment for themselves; that he will be on, rather than he will not put off the true character of a man, and generally enlarge his views beyond the present day."

## WOMEN'S HEALTH – Joan North, Chairman

More than **one-third** of adults ages 65 years and older **fall each year**. Among older adults, falls are the **leading cause** of injury, deaths, and the most common cause of nonfatal injuries and hospital admissions for accidents. The chance a fall will cause a severe injury requiring hospitalization greatly increases with age.

Because seniors spend most of their time at home, one-half to two-thirds of all falls occur in or around the home. Most fall injuries are caused by falls on the same level (not from falling down stairs) and from a standing height (for example, by tripping while walking). Therefore it makes sense to reduce home hazards and make living areas safer.

Researchers have found that simply modifying the home does not reduce falls; however, environmental risk factors may contribute to about one-half of home falls. Common environmental fall hazards include tripping hazards, lack of stair railings or grab bars, slippery surfaces, unstable furniture and poor lighting.

### To make living and living areas safe, seniors should:

Remove tripping hazards such as throw rugs and clutter in walkways. Throw rugs are a major cause of falls in the households of many elderly.

Use non-slip mats in the bathtub and on shower floors.

Have grab bars next to the toilet and in the tub or shower.

Have handrails put in on both sides of stairways.

Improve lighting throughout the home.

Remove all walkway obstacles which are likely to cause tripping (footstools, etc.)

Be aware of all pets which can get under feet and cause tripping.

Arise slowly from sitting and lying positions. Make sure your balance is good before attempting to navigate without help.

## TEA PARTY – Chairmen, Michele MacNamara and Mary Vincello

The annual tea party will be held Sunday, May 23, from 1:30 to 4 p.m. at the clubhouse. Our theme this year is "**Soft Breezes Bring New Life.**" The cost is \$20 for adults and \$10 for children 10 and under. Plan on being there for an afternoon of fun visiting with friends, drinking tea, noshing and being entertained by a wonderful musician and singer. More information will be available at the May meeting.



## EDUCATION IN THE COMMUNITY – Barbara Willeford, Chairman

I appreciate the support you all have given to the library this year. A community needs to **keep strong interest** in upholding and maintaining the standards that have provided well for the students and adults of this community.

Just because you don't see the book **you donated** does not mean it isn't there or was not appreciated:



One on the shelf

One in reserve

One replacement

## BINGO – Michele Macnamara, Chairman

In April we tried holding a night Bingo (April 22). As of this writing it hasn't happened yet. We will let everyone know later what is planned for May.

## MAY CALENDAR

- 5 Canasta
- 7 General Meeting
- 9 **Mother's Day**
- 10 Bridge & Canasta
- 11 Gourmet
- 12 Crafts
- 13-15 CFWC Convention, San Francisco
- 18 Evening Section
- 20 Bingo
- 21 Bookworms
- 23 **TEA**
- 26 Crafts
- 26 Executive Board Meeting

## MAY BIRTHDAYS

- 3 Norma Spinney
- 6 Jeanne Brown
- 10 Susan Hillman
- 17 Ruth Howard
- 19 Shirl Slavens
- 25 Maryann Schneider





# EBELL TEA PARTY

May 23

*"Soft Breezes Bring New Life"*

Ebell Club of Fullerton  
P. O. Box 10145  
Fullerton, CA. 92838

Ebell Echo

**Together  
we make  
a difference.**

